

Mrs. Green

2nd grade



My favorite Mister Rogers quote:

"Our society is much more interested in information than wonder, in noise rather than silence...And I feel that we need a lot more wonder and a lot more silence in our lives"

Something I do that makes me feel happy:

I love watching and listening to the natural world. Pollinators doing their work flower by flower. The breeze rustling through the trees and the sound of waves lapping at a shore.

Something I do when I feel sad or afraid:

I have a bit of quiet time to reflect on the situation and think on the good things.

Some of my favorite things include:

Chick-Fil-A
Amazon
Almonds
Iced Caramel Frappuccino
Mexican Food
Pink and Blue
Milky Way
Coke and ½ and ½ Sweet Tea

Let's make the most of this

BEAUTIFUL
day!
FRED ROGERS

Mr. Barnes

2nd grade



My favorite Mister Rogers quote:

"Play is often talked about as if it were a relief from serious learning. But for children play is serious learning. Play is really the work of childhood."

Something I do that makes me feel happy:

Affirm others and make them feel good about themselves.

Something I do when I feel sad or afraid:

I talk with a trusted friend!

Some of my favorite things include:

...traveling, cooking, bicycling, reading, and helping out others whenever I can!

Let's make the most of this

BEAUTIFUL
day!
FRED ROGERS

Mrs. Terry

2nd grade



My favorite Mister Rogers quote:

Often when you think you're at the end of something, you're at the beginning of something else.

-Mr. Rogers

Something I do that makes me feel happy:

What makes me most happy is spending time with my family. I also love to take care of my garden.

Something I do when I feel sad or afraid:

When I feel sad or afraid, I like to talk to someone about it. That always seems to make me feel better.

Some of my favorite things include:

*Chick fil a
Target
Kit Kats
Popcorn*

*Dr. Pepper or peach tea
Anything that is mint colored!
Dessert scented candles*

Let's make the most of this

BEAUTIFUL
day!
FRED ROGERS

Mrs. Stansbury

2nd grade



My favorite Mister Rogers quote:

"Imagine what our real neighborhoods would be like if each of us offered, as a matter of course, just one kind word to another person."

Something I do that makes me feel happy:

My family always makes me happy. Getting to spend time with them by playing family games, taking a walk around the neighborhood, or watching a movie together is always fun. I also enjoy traveling and being in the outdoors.

Something I do when I feel sad or afraid:

When I am sad or afraid, I know I need help. I find someone that I can talk to and that might be a friend or a loved one. I also tell myself that it is okay to have these feelings.

Some of my favorite things include:

*Green and Blue
Amazon
Target
Chick-fil-A
McAlister's Deli
Jersey Mike's
Diet Dr. Pepper*

Let's make the most of this

BEAUTIFUL
day!
FRED ROGERS

Mrs. Flores

2nd grade



My favorite Mister Rogers quote:

"Knowing that we can be loved exactly as we are gives us all the best opportunity for growing into the healthiest of people."

-Mr. Rogers

Something I do that makes me feel happy:

Spending time with my family is the number one things that makes me happy. I also like to travel, go boating on the lake, and having get togethers with friends and family.

Something I do when I feel sad or afraid:

When I feel sad or afraid, I help myself by talking to someone about how I am feeling. Laughing is probably the best medicine to make me feel better!

Some of my favorite things include:

*Chick-Fil-A
Target
Chili Roasted Pistachios
Caramel Frappuccino
Mexican Food
Pink and Blue
Milky Way
Dr. Pepper and Sweet Tea*

Let's make the most of this

BEAUTIFUL
day!
FRED ROGERS

Mrs. Longtin

2nd grade



My favorite Mister Rogers quote:

*"There are three ways to ultimate success:
The first way is to be kind.
The second way is to be kind.
The third way is to be kind."*

-Mister Rogers

Something I do that makes me feel happy:

Spending time with my friends and family makes me happy. I love to play with my sons, Samuel and Andrew. Mr. Longtin and I love to play board games with our friends, too. We spend a lot of time laughing together.

Something I do when I feel sad or afraid:

When I feel sad or afraid I pray and listen to worship music. This makes my heart feel calm. I also stop and take deep breaths to calm down my body.

Some of my favorite things include:

*Peanut Butter M&Ms
Cheez Its
Brownies
Dr Pepper and Sweet Tea
Amazon and Target
Chick-Fil-A
McAlister's Deli
Funny Teacher T shirts
Purple and Teal*

Let's make the most of this

BEAUTIFUL
day!
FRED ROGERS